

# FranklinCovey. FOCUS: Achieving Your **Highest Priorities**

## **Overview**

The FOCUS: Achieving Your Highest Priorities workshop is the anchor of the FranklinCovey Focus Solution. This one-day course teaches productivity skills integrated with a powerful planning system that helps employees clarify, focus on, and execute the highest priorities-personally and professionally.

## Who Should Attend

All workers within an organization who need to make improvements in their personal and professional productivity.

#### Workshop Features

- Includes the Focus Assessment-a pre- and postworkshop evaluation-to infuse in the learner greater meaning of the course content and to measure productivity improvement
- · Teaches how to integrate and use planning tools such as the Franklin Planner®, PDA, and PlanPlus" for Microsoft\* Outlook\*
- Provides participants clear understanding of how to generate passion and engagement in their personal and professional lives
- Establishes a goal-setting process to help the learner become more focused
- · Gives technology tips and best practices to help learners manage the onslaught of information they receive daily

## Learning Objectives

Participants who experience the Focus workshop discover how to:

- Apply a goal-setting process that gets results
- Stay focused every day with a reliable planning system that integrates the tools they use (planner, PDA, desktop)
- · Achieve balance and renewal in their lives to avoid burnout and cycles of frustration
- · Gain control of the competing demands on their time-e-mail, voice mail, meetings, and interruptions
- · Reduce stress by recognizing and eliminating low-priority activities and distractions

#### **Course Format**

Taught as a one-day, facilitator-led workshop in a corporate onsite or public seminar setting.

## **Facilitator Certification**

Facilitators can become certified to teach the new Focus workshop through a three-day certification class. Individuals who are currently certified in and are actively teaching What Matters Most\* can selfcertify. Other certification options are available.

